



Information bulletin for parents/carers and students

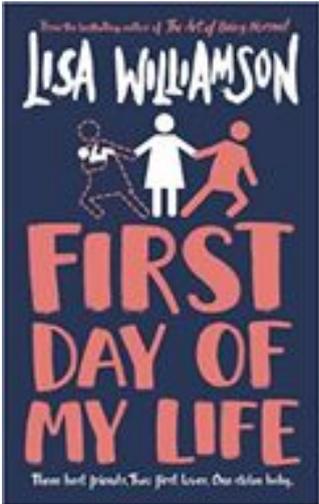
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Key school contact information

General enquiries <i>As usual, our aim is to reply to all enquiries within 48 hours of receipt</i>	enquiries@hrs.education 01371 872560
Absence <i>Please report if your son/daughter is unable to work at home due to illness</i>	studentabsence@hrs.education 01371 878654
IT support	helpdesk@hrs.education
SENCO	senco@hrs.education
Child protection/safeguarding concerns	worrybox@hrs.education

Latest news and information

<p>General information</p>	<p>National Apprenticeship Week</p> <p>This week we have lots of information about National Apprenticeship Week that we are sending out separately to Year 11 parents and carers. The following are offering advice, guidance and virtual careers information:</p> <ul style="list-style-type: none"> ● The STEM Hub - Live talks with STEM organisations ● Harlow College ● Stansted Airport College ● Cambridge Regional College ● AIM Group <p>Please look out for this information and encourage your son/daughter to explore the many options available to them.</p> <p>Mr C Dilley Assistant Headteacher</p>
	<p>News from the Learning Zone</p> <p>Author Lisa Williamson who visited HRS last year has a new book out which we will have available to borrow when we return to school!</p> <div style="display: flex; align-items: flex-start;">  <div style="margin-left: 20px;"> <p>There are three sides to every story... It's GCSE results day. Frankie's best friend, Jojo, is missing. A baby has been stolen. And more than one person has been lying. Frankie's determined to find out the truth and her ex-boyfriend Ram is the only person who can help her. But they're both in for a shock... EVERYTHING is about to change.</p> </div> </div> <p>For all our mystery loving students we have several new titles including this one by Patricia Elliott.</p>

London, 1909 - a time of scientific progress and new freedoms. Ever since the death of her parents, twelve-year old Connie Carew has lived with her aunts - downtrodden Dorothea, and spinster Sylvie, who 'sees things' but is much sharper than she appears - in a large house in Kensington.

Connie has her sights set on becoming an anthropologist when she grows up and travel the world. Her first mystery is upon her already: is the girl who turns up at the front door really her long-lost cousin Ida? If she isn't, who is she? And who is behind the pretence?

Full of villains, cunning plots, twisted motives, this page-turner will keep you guessing to the end. And best of all, there are more Connie Carew mysteries to come.

Students in Years 7 & 8 can access the Accelerated Reader Programme and quiz on books they have read over lockdown

<https://ukhosted8.renlearn.co.uk/2237320/>

Mrs S Bird
Learning Zone Manager



Uttlesford Children's Clothing Bank

Uttlesford council can help out with clothing for families in need. This service is for any family living in Uttlesford who has a child under the age of 16 and who is experiencing financial hardship and might otherwise not be able to afford these items.

If you would like to be referred to this service, please email enquiries@hrs.education and a member of staff will be in touch.

February Half Term Support for Uttlesford Families with school age children



In addition to the £15 vouchers for families entitled to free school meals and Uttlesford food bank services, we are aware of the following schemes that may be of interest if you are in



receipt of Free School Meals or identify as vulnerable or at risk of food poverty.

Essex Boys and Girls Clubs

Collection points in Thaxted, Takeley and Saffron Walden

Booking closes at 23:59 on 4th February.

Pick up on Monday 15th February 2021 between 1.30pm and 3.30pm.

Family meal boxes (containing ingredients and cupboard staples), activity booklet, wellbeing support pack and a full online timetable of physical activity, arts and crafts and fun cooking sessions.

To apply go to

https://forms.office.com/Pages/ResponsePage.aspx?id=kx16CUE3u0GDnGj2_97hoKQAU89vd3FDq62W0EJL5BpUODQ2RDcwVEdERUhwRVkwtFVUE43TURXWiQIQCN0PWcu

If you are self-isolating or shielding, complete the form and then get in touch with jays@essexboysandgirlsclubs.org

Changing Lives

Collection point in Great Dunmow

Booking available from 5th February.

Meal box and activity opportunities. Collection from Foakes Hall.

To book a collection slot:

1. Download the BOOKFIT App
2. Search Changing Lives Community Services
3. Request Pick Up Slot
4. We will approve
5. Search calendar for your desired PICK UP SLOT and book via the app.
6. Slots will go LIVE on 05/02/21.

Or contact the changing lives team on

team@changinglivescommunityservices or telephone 01279 427 791.

Delivery service available only for families that are isolating or unable to collect.

Make Lunch

New Life Pentacostal Church, Saffron Walden



	<p>Closing date for applications Wednesday 10th February.</p> <p>Food parcels and activities delivered on Saturday 13th February.</p> <p>For more information email swhopecommunityhub@gmail.com.</p> <p>If you are not eligible for these schemes, but are struggling, please call Uttlesford Citizens Advice on 01799 618840 or email help@uttlesfordca.org.uk</p> <p>School Immunisation Programme</p> <p>All school visits for the DTP & M vaccinations are currently on hold until students return. Revised dates will be arranged and communicated to parents/carers once they are available.</p> <p>Miss H Ellis First Aid</p>
Year 7	<p>Hello Year 7,</p> <p>As we edge ever nearer to half term it is understandable that the "groundhog day" feeling (it was actually groundhog day this week Feb 2nd), can make the online learning more difficult. However, it is key to remember that there is light at the end of the tunnel!</p> <p>It is important now more than ever to ensure that we do the key things correctly, so that we can navigate our way through these difficult times as successfully as possible.</p> <p>1) Keep a routine This can be difficult when spending all your time at home but routine is key. Try to get up at your normal time as if you were coming into school. Make your bed, that way at least you have accomplished one task that day and you can build from there. Children often work best in the mornings so try and stick to your school timetable. Keeping a routine will help your motivation, and give a sense of purpose to your day.</p> <p>2) Socialise I know we can't do this face to face however modern technology is great for keeping in touch. Have a zoom call, or facetime with friends, maybe even set up a working group when you are not in a live lesson. You could have a zoom, or catch up to complete the work alongside a friend. We all need and crave social interaction, and in these times we need to think creatively about how to have that.</p>



	<p>3) Be safe Follow government guidelines and regulations. If you don't it will only make this situation last longer for everyone. As we are online a lot more often it is important to stay safe. Use the skills you have been taught in school and at home about how to use the internet safely.</p> <p>4) Take exercise Exercise is one of the only things we are allowed to do at the moment, and that is for a good reason. Exercise is not only vital for your physical health but also your mental wellbeing. It breaks up the day, gives you a sense of achievement, and reduces stress and tension. Take regular, daily exercise in whichever form you can, and you will soon feel the benefit!</p> <p>Anyway you have been doing great, keep up your high standards of effort and work, and I'm sure we can work through this. YOU CAN DO IT!</p> <p>Mr C Wilkins Head of Year 7</p>
Year 8	<p>Hello Year 8,</p> <p>I hope you are keeping well and enjoying your live lessons as much as we are enjoying doing them. It's great to hear your voices and opinions each day! Remember to keep logging on and submitting your work via google classroom so we can easily see what you have done, and give you the praise that you deserve.</p> <p>This week was national FRIENDSHIP week. Keeping in touch with our friends whilst we are physically separated is very important for our happiness and mental health. Having a chat with your friends can make a huge difference to your mood. We are so lucky to have so many different ways of keeping in touch with each other using technology, but don't forget the power of sending a card or a written letter. I don't know about you, but I love receiving handwritten notes in the post! This week I would like you to think about sending a letter, or a picture, to a grandparent or friend you haven't seen for a while. It might just make their day!</p> <p>Keep up the hard work for the final week of this half term and then you can have a well deserved rest and turn those computers off for a week.</p> <p>Mrs L Cook Head of Year 8</p>



Year 9	<p>Good Afternoon Year 9,</p> <p>I would like to take this opportunity to thank you and your parents for your continued efforts over this past term. We have all found a way to navigate our way through the difficult time, and it has quickly become our new normal (in the short term at least).</p> <p>During the week to come, when we all look forward to a well earned break from the brightness of our computer screens, remember it is important to continue to work hard and keep focused. Having spoken to many of you over the past few weeks, I know keeping to the structure of the school day is the most effective way of ensuring you are working to the best of your ability. This also allows you to access your teachers support instantly during the lesson. Many of you have reported you find it better to look at the timetable view in Show my Homework so you do not become overwhelmed by the list of work on your dashboard. I would recommend everyone using this view to help you navigate your school days.</p> <p>Please let myself, your form tutors or your teachers know if you need additional support to complete your work. We are here to help.</p> <p>Take care, be kind to yourself and others and don't forget to share your smile with someone who needs it.</p> <p>Ms Foulger Head of Year 9</p>
Year 10	<p>Dear Year 10,</p> <p>I hope you are keeping well, managing with the work, and being at home for so long. Just think it is nearly spring and the evenings will be getting lighter.</p> <p>On the news recently there was an article about how the BBC have collated art work that the general public have submitted. This has been compiled into a gallery called ' View from a Window' which is going on display.</p> <p>I sat at my dining table doing my school work from April through to July and watched the birds enjoying the bird bath, and the sun was out, and it was quite enjoyable. There was a little robin that started to visit, and although he was shy, he sat and waited for me to put some food on the bird table. In September I returned to work and forgot all about the robin even though I still put food out for the birds.</p> <p>But how different it has been this time round during lockdown: gloomy days, flooded patio and mud instead of a green lawn whilst working away.</p>



	<p>Yet I looked out of the window and there he was, the little robin. I opened the patio door, and to my amazement when I returned to the dining table he came and sat on the patio door step. Every day during this lockdown that little robin has visited me and sat on the step. That has been my View from the Window, what has yours been?</p> <p>It would be lovely if anyone could write a few lines, a poem, or draw, or paint a 'View from the Window' (no photos please) and send it in to me. Maybe we could collate our 'Views from the Window' and put them up in the library on our return, or use them in our Year Book when we are in Year 11.</p> <p>Best Wishes, Miss W Gordon Head of Year 10</p>
Year 11	<p>Dear Parents and Students,</p> <p>An intended destination survey was sent out to all students last week, thank you to the large number who have completed this. It is a hugely important survey both for the county council, and for the school. If you have not yet completed it, please can I ask you to complete it as soon as possible. It has been emailed to your child's email address again today. Thank you.</p> <p>If your son/daughter has not yet applied to our sixth form, we are still accepting applications so please do contact pbarry@hrs.education as soon as possible, as guidance interviews are currently being arranged.</p> <p>I am launching a competition this week, for the next two weeks. There is a leaver's hoodie up for grabs, so have a look at the video attached to see how you might win: link</p> <p>Well done again on the consistent, dedicated nature you are all showing. It is going to pay off, and you are making yourself, your parents and me very proud indeed. One more week, push on to the end and finish strong! Be awesome.</p> <p>Mr N Wilcox Head of Year 11</p>
Sixth Form	<p>Dear Year 12 & 13,</p> <p>For the next two weeks students are encouraged to take part in our screen-free challenge. I have shared a number of activities away from computer screens, ipads and phones to encourage positive mental health and well-being.</p> <p>Students can send in pictures of their activities with a prize for the best</p>



ones.

A reminder from last week that students and parents can sign up for webinars run by UCAS, the university, college admissions service, which are packed full of outstanding information on apprenticeships.

Apprenticeship week runs from 8-12 February 2021

[Discover apprenticeships week | Virtual and digital, Undergraduate, Apprenticeships | UCAS](#)
[UCAS Apprenticeships \(online-event.co\)](#)

Students will also have an apprenticeship pack to complete throughout the week to support them even further with apprenticeship information.

Kind regards,
Mrs D Wright
Head of Sixth Form

Remote learning 'spotlight'



Mrs C Joubert - Head of Technology

Take advantage of the live lessons, as it helps you to understand key concepts and ideas better, and you are able to ask for clarification on anything you do not understand. Stay in touch with your friends - take time to chat to a friend, or go for a socially distanced walk.

Safeguarding during school closure

Worried about something?

Concerned about a friend?

We are continuing to monitor and support students during the school closures.

We are still here to help you.

Monday-Friday 8.30am-3.30pm



Miss Brammer
Child Protection Officer
Deputy Safeguarding Lead
Lbrammer@hrs.education
or
worrybox@hrs.education
Please use your school email

Mr Emberton
Assistant Head Teacher
Safeguarding Lead
semberton@hrs.education
or
worrybox@hrs.education
Please use your school email

Planning and supporting learning

What work should be undertaken by students?

- Students will be expected to undertake learning activities every day
- They should complete learning activities in line with their normal timetable
- For example, students will be expected to undertake English tasks between 9.05 and 10.05 on a Monday if they normally have English during period 1 on a Monday
- Teachers will provide learning activities for each class that they teach in line with the student's timetable
- Learning activities will be posted on *Show My Homework (SMHW)*
- If students have queries relating to their work, they can email their teachers who will get back to them as soon as they are able.

Useful websites

A document containing useful websites for a variety of subjects can be found [here](#)

Using ShowMyHomework

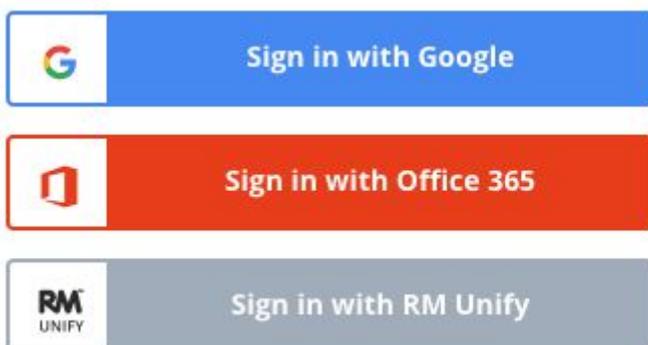
A Student guide to using Show my homework:

All Student SMHW accounts have a default login of google sign in. This will be the same as your school email address and password.

E.g. initialsurname14@hrs.education and your password.

Please make sure to click the relevant option and enter your email and password. You will find these options on both the website and our mobile apps:

The Helena Romanes School use the 'sign in with Google' option.





A Parents' guide to using Show my homework:

To use SMHW, you will need your pin code issued by the School, this has been recently re-issued to you.

The two main ways to use Show My Homework (SMHW) are through a browser like Internet Explorer or Google Chrome alternatively you can download an app to use on your mobile device. Apps exist for iOS or Android devices.

The following instructions are for using SMHW with a browser:

Log in to your account

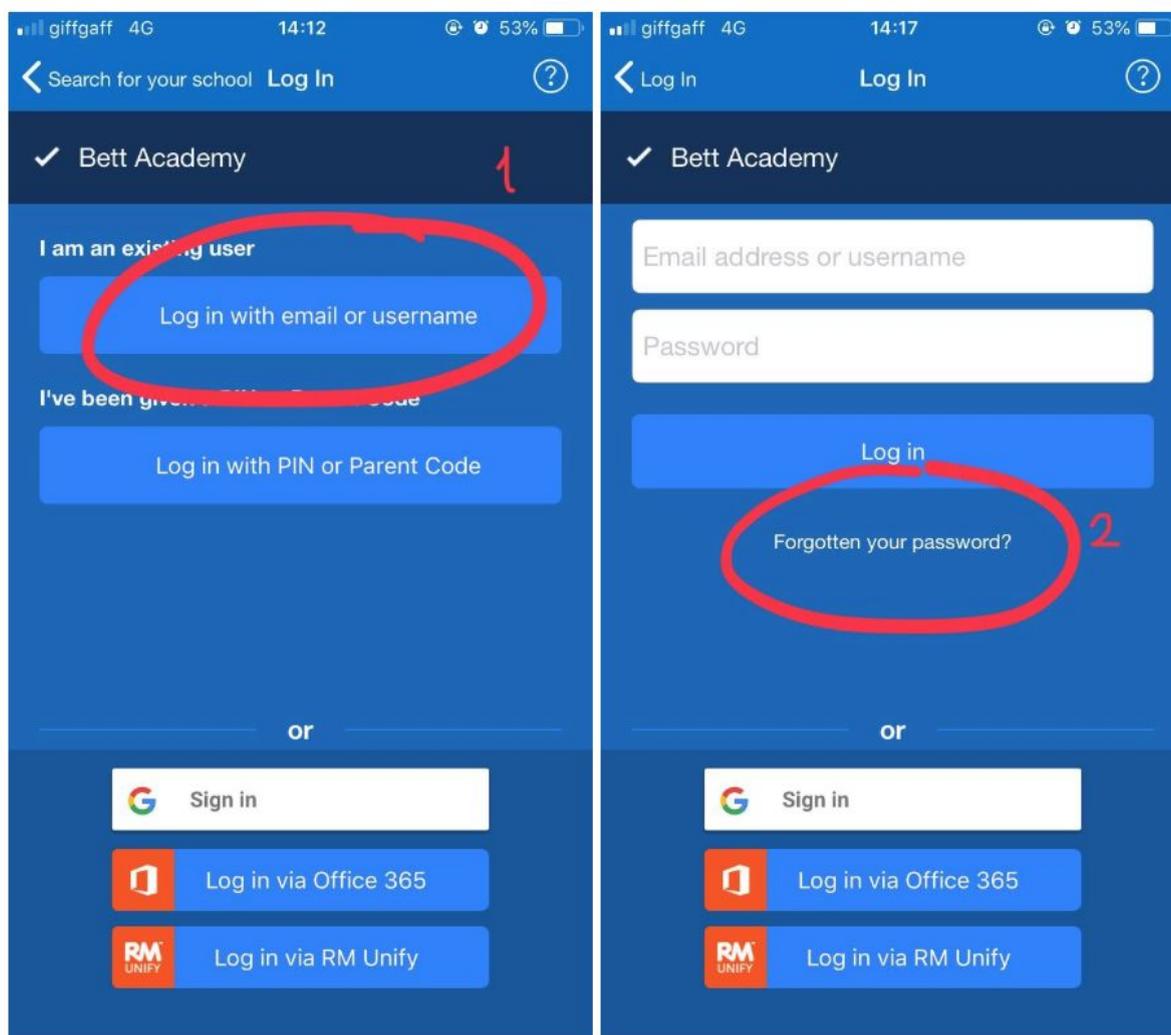
Once you have created your account using your parent code, you can access your account on any device using your email address and password.

1. Go to our [login page](#) or open our mobile app
2. Enter your child's school (search by postcode)
3. Type your email address and password
4. Log in

Forgot password?

To reset your password, click on "*Forgot password?*" on the [login page](#) or on the mobile app.

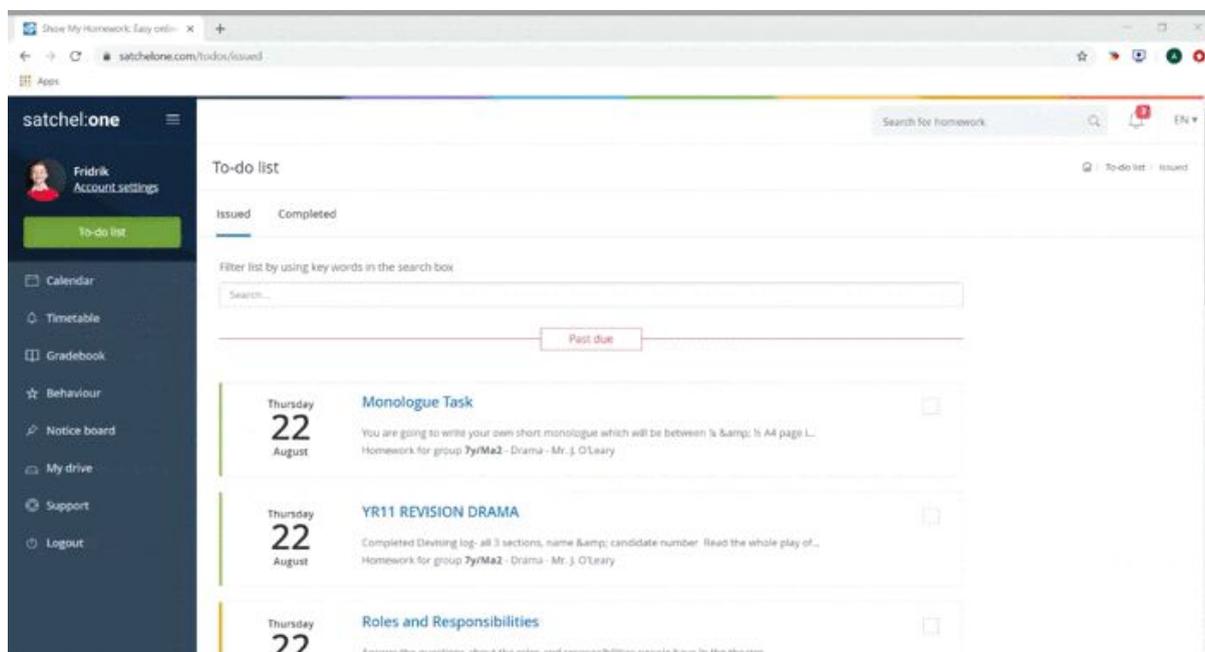
Type in your email and password reset email will be sent to you. Follow the instructions we sent you to create a new password.



 **Top tip:** If you do not see the password reset email in your inbox, you may want to check your junk or spam folder.

Sign up as a parent

To create your account, you will need a parent code. This will be provided by the school, but if your child already has access to their account, they can get the code for you!



You can use the same code to create up to 5 parent/guardian accounts, so feel free to share this with those that need access to your child's homework details.

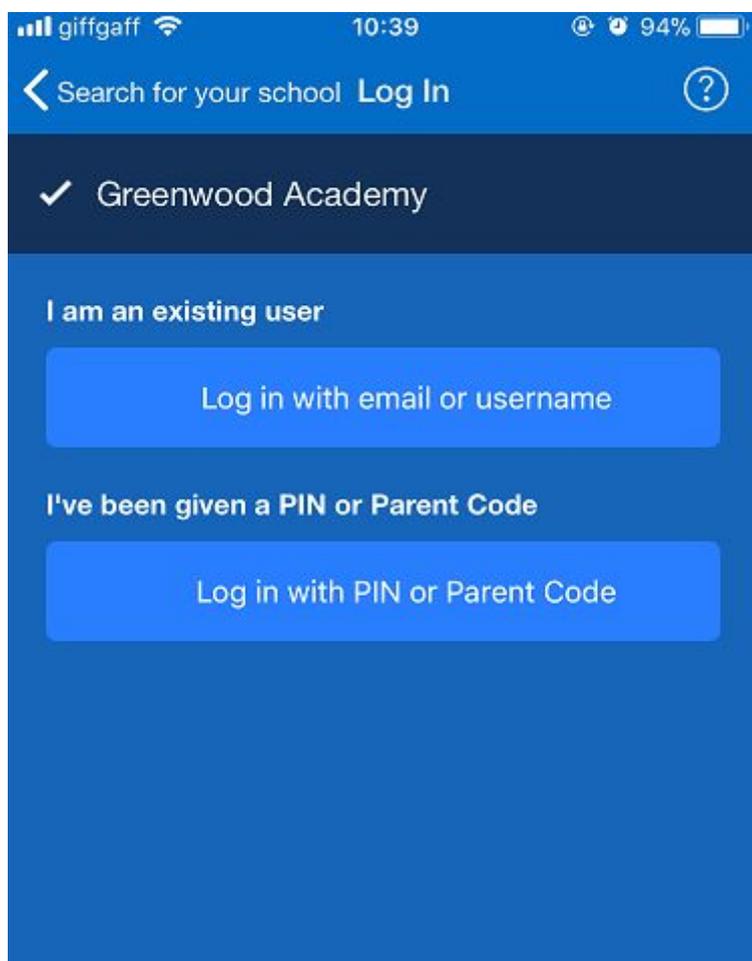
Once you have your code, follow these instructions to create your account:

On the website:

1. Visit our [sign up page](#)
2. Search for your child's school (by name or postcode)
3. Enter your parent code below
4. Tick "I am not a robot" and complete any security tasks if necessary.
5. Click Submit
6. Follow the instructions to create your account.

On a mobile device

Using a smartphone or tablet? Download our [iOS](#) (Apple) or [Android](#) app.



1. Search for your child's school (by name or postcode)
2. Tap Log in with a PIN or parent code
3. Enter your parent code
4. Follow the instructions on the screen to create your account.

Your account is now set up! **You will no longer need your parent code.** Moving forward you can access your account using your email and password combination.

Parent code expired?

If you already have an account, you no longer need a parent code, simply reset your password.

If your code expired or got lost before you managed to create an account:

- you can request the parent code from the school or
- ask your child to log in to their account on a web browser and go to Account Settings

Assisting with student logins



Has your child forgotten their login details? As a parent, you should be able to assist.

Open the Satchel One app and from the Menu go to *Settings > Student management*. You will be able to see the student PIN which they can use to reset their details.

The PIN is also visible on the website, right on your dashboard.

If your child does not have a PIN, please contact the school directly. Learn more about [Logging in as a student](#).



Using Groupcall Xpressions App

Install the App on your mobile phone. This is available for both iOS and Android



Open the app and register with the email and phone contact details that you supplied to us and are registered on the school database.

The app will then provide you with the following information:

- Timetable
- Attendance
- Behaviour overview
- Achievement overview