

Helena Romanes School

Welcome

Class of 2026

Ambition



Kindness



Respect



Resilience



Broad
Mindedness



Independence



What next... Our year

Together we can achieve

- Learning (lessons, homework, independent study, IMPACT)
- Motivation (attendance, behaviours for learning)
- Resilience (taking risks, learning for 'what next' not 'what if')
- Setting goals (PROM, results day Aug 21, Sixth Form, apprenticeships, college)

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What next... Our year

Your support team at HRS are:

Head of Year- Mrs Cook

Senior Pastoral leader- Mrs Moverley

Raising Standards leader- Mr Mills, Assistant Headteacher

SLT link- Mrs Hazle, Deputy Headteacher

Mr Milne- Director of Sixth Form

Form tutors- Chloe Allard, James Cairns, Mercedes Aldous (Mo/Tu)/Kay Milne (We/Th)

Karianna Pettit (Mo/Tu/We) /Stuart Mclauchlan (Th/Fr)

Hannah Tjandra , Abi Diss, Tim Bousfield ,Chris Cummings

with support from *Lorna Harris, Dom Allum, Emma Gillard, Chris Allom*

Subject teachers, Ms Smith, Attendance Officer and all staff

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The Importance of Attendance

| | | |
|------------------|---|--|
| 100% | | |
| 96% | 4 days lost 22+ hours lost of learning | |
| 95% | 9.5 days lost 49+ hours lost of learning | |
| Below 95% | 11+ days lost | 1 to 2 grades below their peers |

National and school level data is clear- the single biggest difference to achieving your personal best is **attendance** to school

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The Importance of Attendance and punctuality



daily phone calls



daily/weekly home visits



school based meeting



team around the family



Essex County Council

involvement of county specialists and sanctions

Our school based triggers will be:

5 days/10 sessions over a period for referrals to county

95% or below attendance

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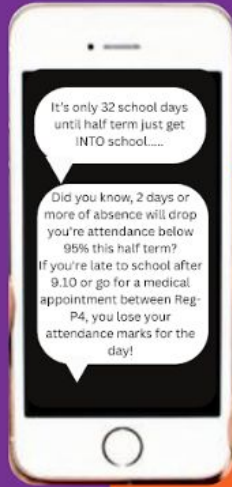


Broad Mindedness



Independence





DON'T GHOST US....
IT'S ONLY 32 DAYS

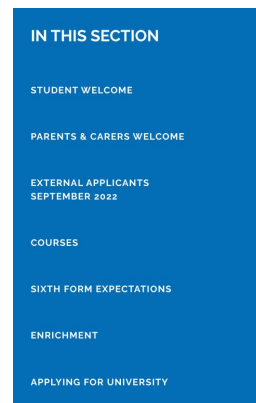


GET A 32 DAY ATTENDANCE
STREAK TO BE ENTERED IN THE
AMAZON PRIZE DRAW!!!



- Assemblies and Taster lessons throughout the autumn term, students will be offered the chance to sign up to a 'taster' lesson on a Wednesday period 5 in the latter part of the autumn term. This is for 'new' subjects only.
- **Sixth Form 'Information evening' Wednesday 12th November and applications go live that evening - bookings open 3rd October**
- Application deadline: **Monday 15th December**
 - Please note everyone must apply, there is no automatic enrolment for HRS pupils
- For now, go on the website and view the current prospectus
- Narrow your course choices down to 5 or 6 options
- Grades do matter: a minimum of 5 GCSEs at a grade 4 pass, subject minimum entry requirements AND 4 in Maths AND English

What next...



HOME > SIXTH FORM > SIXTH FORM PROSPECTUS

SIXTH FORM PROSPECTUS

MAKING THE STUDENTS OF TODAY
THE FUTURE OF TOMORROW



To find out more about Helena Romanes Sixth Form, including details of our subject options and entry requirements, please follow the link below:



Working Together- Classcharts

Behaviour

Homework

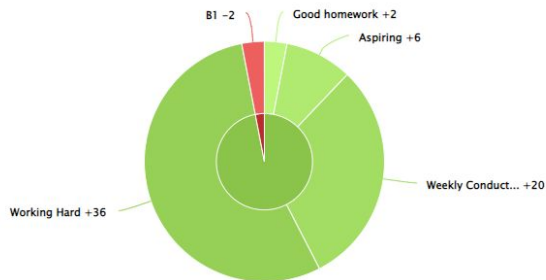
Detentions

Classes

Timetable

Attendance

Behaviour score breakdown



Weekly Behaviour Breakdown



- Attendance (to school and all sessions)
- Punctuality
- Rewards
- Behaviour/detentions
- Homework
- Other key information

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Working Together- being informed

- HRS Success newsletters with key information, tips and dates

Some key dates:

- GCSE exams start from 5th May (provisional)
- Practical exams, coursework and language speaking will be earlier
- 10th Nov- Mocks 1, in 6 weeks
- 11th December - Parent's evening
- 26 Jan- Mocks 2, in 16 weeks (*9 weeks from end of mocks to start of GCSE's*)
- **5 May- 128 School days**

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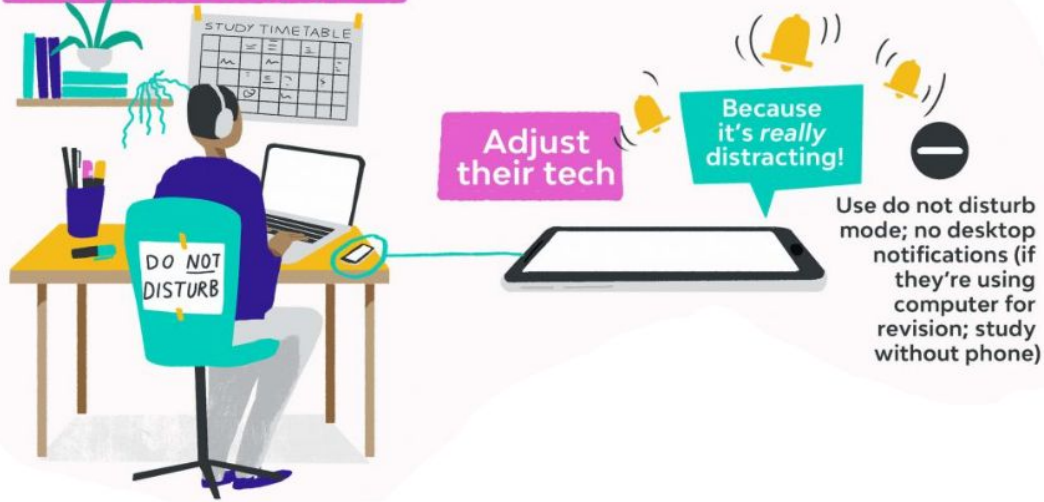


Independence



How to support from home

Their own study space



- ❑ Environment
- ❑ Allocated time
- ❑ Access to resources
- ❑ Remove distractions



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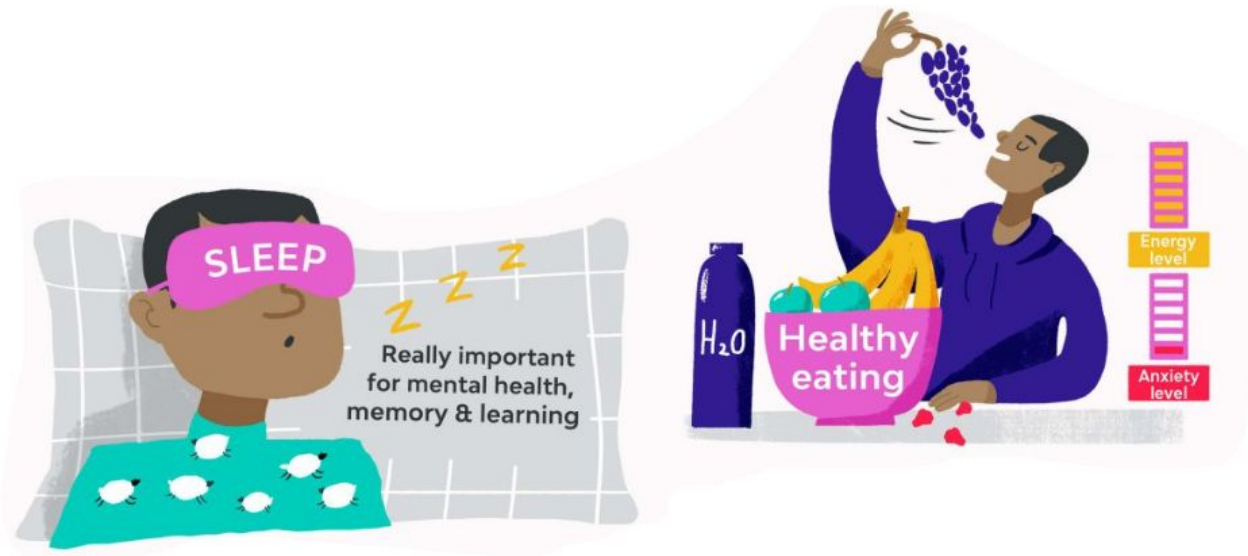


Independence



How to support from home

- ❑ Support a healthy sleep pattern
- ❑ Supply and encourage a healthy diet and regular meal times



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How to support from home

Encourage breaks

10-15 mins off every hour helps concentration

HELLO WORLD!

Keep talking

Teen & parents - so teen can voice their feelings & worries about anything & you, the parent, can help & comfort them

- ❑ Be interested in your child's learning
- ❑ Praise and encourage good habits
- ❑ Help them plan their time effectively

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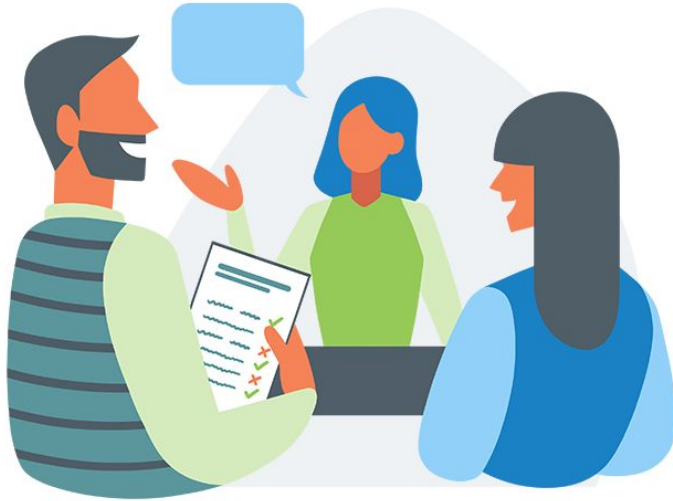
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How to support from home



- ❑ Support your child to achieve
- ❑ Help them cope with setbacks
- ❑ Monitor homework
- ❑ Seek support from teachers



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What should students be doing?

TIME MANAGEMENT TIPS ON HOW TO BE EFFICIENT

STAY ORGANISED
CREATE A REVISION TIMETABLE AND A TO DO LIST TO KEEP YOU ON TRACK WITH SCHOOL WORK AND REVISION.

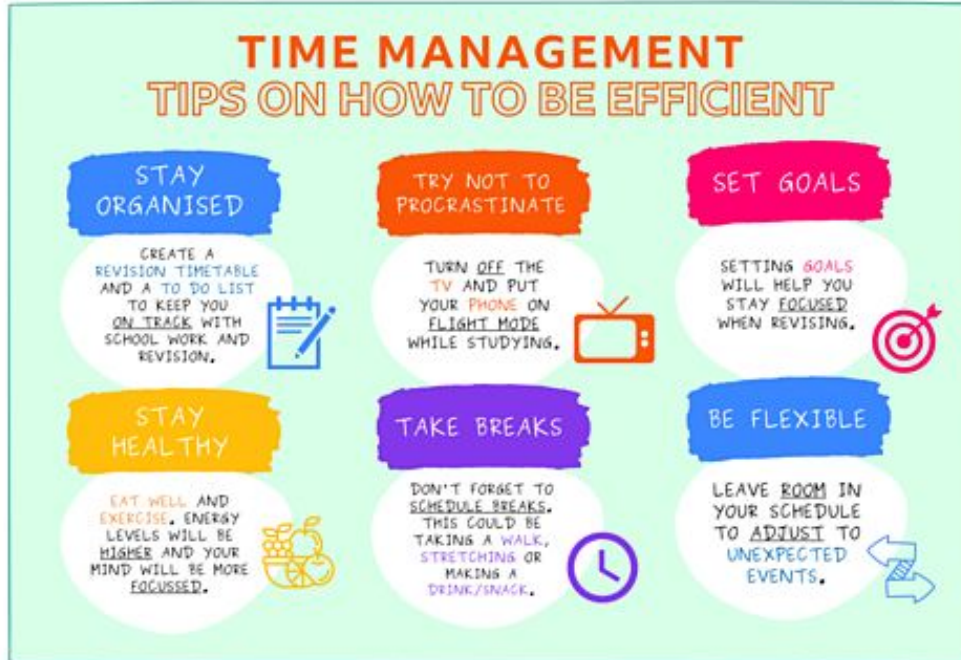
TRY NOT TO PROCRASTINATE
TURN OFF THE TV AND PUT YOUR PHONE ON FLIGHT MODE WHILE STUDYING.

SET GOALS
SETTING GOALS WILL HELP YOU STAY FOCUSED WHEN REVISING.

STAY HEALTHY
EAT WELL AND EXERCISE. ENERGY LEVELS WILL BE HIGHER AND YOUR MIND WILL BE MORE FOCUSED.

TAKE BREAKS
DON'T FORGET TO SCHEDULE BREAKS. THIS COULD BE TAKING A WALK, STRETCHING OR MAKING A DRINK/SNACK.

BE FLEXIBLE
LEAVE ROOM IN YOUR SCHEDULE TO ADJUST TO UNEXPECTED EVENTS.



- ❑ Use the school holidays wisely
- ❑ Plan in any coursework deadlines
- ❑ Plan regular revision time
- ❑ Celebrate milestones
- ❑ Turn your phone off!

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What is the school doing?



- ❑ High quality teaching
- ❑ High expectations of behaviour for learning and equipment
- ❑ Targeted tutor time revision with specialists
- ❑ Exam practice - Two formal Mocks
- ❑ Impact sessions
- ❑ Careers support
- ❑ Prom celebrations dependant on 95% attendance to school, impact sessions and behaviour

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School day IMPACT sessions

- ❑ Subjects delivering at least one night per week
- ❑ Targeted
- ❑ Topics based on assessment data



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Equipment

- Attend school equipped to learn!



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Key contacts

| | | |
|--------------|---|-------------------------|
| Mrs Cook | Head of Year 11 | lcook@hrs.education |
| Mrs Moverley | Senior Pastoral Leader, Year 11 | hmoverley@hrs.education |
| Mrs Hazle | SLT link for Year 11, Deputy Headteacher | mhazle@hrs.education |
| Mr Mills | Raising Standards leader, Assistant Headteacher | bmills@hrs.education |
| Ms Patching | SENDCO | spatching@hrs.education |
| Mr Ellis | Exam officer | tellis@hrs.education |
| Mr Milne | Director of Sixth form | rmilne@hrs.education |

